# ESSENTIAL INFORMATION MONGOLIA

#### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Mongolia for stays of up to 90 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at <u>visacentral.com/abercrombiekent</u> or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

#### LOCAL HEALTH & SAFETY PROTOCOLS

If your journey includes visits to Mongolia's mountainous regions, you may experience altitude sickness. Please consult your healthcare provider for suggestions on prevention and treatment.

## CASH & CREDIT CARDS

Cash transactions can generally be made in either U.S. dollars or local currency, though some smaller shops may require payment in Mongolian tugrug. U.S. dollars should be recently issued bills in smaller denominations. Major credit cards are accepted on a very limited basis, mainly only in the largest shops, hotels and restaurants. Access to ATM machines is available in larger cities such as Ulaanbaatar but limited in rural areas.

### PACKING LIST & BAGGAGE RESTRICTIONS

On domestic flights between Ulaanbaatar and the Gobi Desert, passengers are limited to 1 piece of checked baggage per person, with a maximum weight of approximately 22 pounds (10 kilograms). All limits are strictly enforced, and charges for overweight baggage can be substantial. Excess baggage from international flights may be stored in your hotel in Ulaanbaatar.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

#### Clothing

Due to the potentially wide range of temperatures during the day, choose versatile, casual clothing that can be layered if the weather requires. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Temples and other religious sites require modest dress to enter. Guests are advised to pack clothing that covers knees, shoulders, and upper arms for select visits. You may be required to remove shoes when entering sacred sites.

Casual slacks	Walking shorts
<ul> <li>Polo shirts, casual short-sleeve shirts or blouses</li> </ul>	Long sleeve shirts or blouses
	Long comfortable skirts for women

Sweater or lightweight jacket	Lightweight raincoat or poncho
Heavy sweater or cold weather jacket	□ Foldable umbrella for rain protection and sun shade
Comfortable walking shoes with traction	
A pair of rubber beach sandals	<ul> <li>Lightweight, well broken-in boots (although not required are recommended)</li> </ul>
Sleepwear (both light and warm)	Socks (both light and warm)
Brimmed hat for sun protection	Warm hat and gloves
Personal garments	Women may wish to pack a sports bra (for bumpy roads and camelback riding)
Swimwear/cover-up	
Other Recommended Items	
□ Face masks and hand sanitizer	Sun block and insect repellant
□ Sunglasses	<ul> <li>Prescriptions and medications (in their original bottles and/or packaging)</li> </ul>
□ Simple first-aid kit	
Extra eyeglasses/contact lenses	Smartphone
Charging cables for electronics	Global travel adapter
Optional Items	
Small LED flashlight	□ Foldable walking stick
Lightweight binoculars	Small daypack or fanny pack
Hard candy / dried snacks	Personal toiletries

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

# TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey.

	All Small Group Journeys and Pre/Post Tour Group Extensions	Tailor Made Journeys
Resident Tour Director or Group Extension Guide	\$15 per person, per day	Not applicable
Local Guides	Included	\$20 per person, per day (full day)
Drivers	Included	\$10 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag

Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on Own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.