

# ESSENTIAL INFORMATION

## SCANDINAVIA: DENMARK, FINLAND, ICELAND, NORWAY AND SWEDEN

### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for at **least six (6) months** after your journey ends, and should have a minimum of eight (8) blank visa pages for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Denmark, Finland, Iceland, Norway and Sweden for stays of up to 90 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

### CASH & CREDIT CARDS

Most major credit cards are widely accepted. Automatic Teller Machines (ATMs) are very common and many U.S. issued bankcards are compatible with them.

### PACKING LIST

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Cotton and other light fabrics are comfortable choices for summertime. Pack a coat, hat, gloves, boots, warm socks and sleepwear, if you are visiting these countries between October and April. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms and shoulders should be covered.

#### Clothing

- |   |  |
|---|--|
| <input type="checkbox"/> Casual slacks                                      | <input type="checkbox"/> Walking shorts                          |
| <input type="checkbox"/> Polo shirts, casual short-sleeve shirts or blouses | <input type="checkbox"/> Long sleeve shirts or blouses           |
| <input type="checkbox"/> Comfortable walking shoes with low or no heels     | <input type="checkbox"/> Lightweight raincoat and umbrella       |
| <input type="checkbox"/> Sweater or fleece jacket                           | <input type="checkbox"/> Brimmed hat or visor for sun protection |
| <input type="checkbox"/> Sleepwear  | <input type="checkbox"/> Personal garments                       |
| <input type="checkbox"/> Socks  | <input type="checkbox"/> Swimwear/cover-up                       |

#### Other Recommended Items

- |  |   |
|--|---|
| <input type="checkbox"/> Face masks and hand sanitizer | <input type="checkbox"/> Sun block and lip balm |
|--|---|

- Sunglasses
- Simple first-aid kit
- Extra eyeglasses/contact lenses
- Charging cables for electronics
- Prescriptions and medications (in their original bottles and/or packaging)
- Smartphone
- Global travel adapter

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

#### TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars):

	<b>Tailor Made Journeys</b>
Resident Tour Director or Group Extension Guide	Not applicable
Local Guides	\$25 per person, per day (full day)
Drivers	\$15 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added