

ESSENTIAL INFORMATION CRUISING THE SEYCHELLES & COASTAL TANZANIA

PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of two (2) blank visa pages for entry and exit stamps.

Tanzania

A tourist visa is required for U.S. and Canadian passport holders for entry into Tanzania (Zanzibar). There are currently two options available as outlined below. A&K recommends an electronic visa (eVisa).

Electronic Visa (eVisa): To apply for an eVisa, visit <https://visa.immigration.go.tz/>. U.S. citizens visiting Tanzania for tourism are required to apply for a multiple-entry visa, which is valid for one year. The cost is USD \$100 (subject to change without notice). Citizens of Canada may obtain a single-entry e-Visa (ordinary visa), valid for three months. The cost is \$USD 50 (subject to change). We recommend that you apply at least 60 days prior to your arrival date. Average time to receive an eVisa is approximately 10 days.

When applying for your eVisa make sure you have your passport details, a copy of your passport photo and return ticket, as you will need to upload these documents to complete the application process. Read and follow all instructions carefully to ensure a smooth arrival in Tanzania.

Complete the “Travel Information” section of the application as indicated below:

- A. Type of Visa: Multiple entry (U.S. citizens); Single-entry/Ordinary (Canadian citizens)
- B. Purpose of Visit: “Leisure and Holiday”
- C. Port Type: Choose either “Airports” or “Roads”
- D. Port of Entry: Choose Zanzibar, Kilimanjaro or Dar es Salaam/Port of Departure:
Zanzibar Seaport
- E. Date of Arrival: Enter your date of entry for Tanzania
- F. Departure Date: March 4
- G. Host Details: Select “Company/Organization”
- H. Full names and Physical Address of the Host: Abercrombie & Kent Tanzania, Njiro Hil,
P.O. Box 427. Arusha
- I. Host Telephone Number: 255 758 306 253
- J. Host Email: info@abercrombiekent.co.tz
- K. Where are you going to stay? Choose hotel from the dropdown menu and then enter the contact information of the first hotel on your itinerary.

If you experience technical problems with the eVisa website, try again a few hours later or the following day.

A visa can also be obtained on arrival in Tanzania, however, the visa on arrival process requires applicants to stand in several different lines with wait times of two hours or longer.

Seychelles

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Seychelles for stays of up to 30 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at visacentral.com/abercrombiekent or call 844 823 1224 and reference A&K’s account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

REQUIREMENTS RELATED TO COVID-19

Tanzania and the Seychelles currently have no COVID-19 vaccination or testing requirements for entry for U.S. and Canadian residents. Visit the U.S. Department of State at travel.state.gov or the Government of Canada at travel.gc.ca/travelling/advisories for up-to-date information and travel advisories. All requirements are subject to change.

Tanzania

- Travellers may be subject to medical screening on arrival, including a temperature check, questionnaire, and visual assessment.

Prior to boarding, all guests must complete Ponant's **Mandatory Health Declaration** form, provided to you in Zanzibar.

YELLOW FEVER VACCINATION

A yellow fever vaccination is only required to enter Tanzania (including Zanzibar Island) and the Seychelles if you are arriving from, or have transited through, a yellow fever-endemic area in South America or Africa. The CDC and WHO each provide a current list of all affected countries. If your physician advises against receiving the vaccination because of your personal medical history, he or she can provide you with the necessary documentation for the country/countries you are visiting.

SPECIAL CONSIDERATIONS FOR EXPEDITION CRUISES

This cruise travels to remote destinations far removed from medical facilities, and major medical care is not available. There is a medical center on board, staffed with a physician and nurse to offer immediate medical care to guests; fees may apply. A minimum level of fitness is required to enjoy this journey as intended, with active elements that include navigating stairs and gangplanks, entering and exiting Zodiacs, and walking over uneven terrain with steep slopes and slippery footing during shore excursions.

Please ensure that we are aware of any physical, medical or other condition that might affect your ability to participate on this journey. You may be required to produce a doctor's certificate prior to travel. Due to ship restrictions, women who will be at least twelve (12) weeks pregnant at the start of the cruise, or any time during the sailing will not be permitted to travel on Expedition Cruises. The ship owner's medical staff and Captain reserve the right to refuse passage to anyone who is deemed unfit for travel either before or during the journey.

Water activities will be offered during this journey. Snorkeling and scuba diving will be dependent on weather and water conditions and at the sole discretion of the Captain and Dive Master. A Liability Waiver form will be required to participate.

If you intend to participate in the scuba diving optional excursion, contact Abercrombie & Kent in advance of your journey. Scuba diving is offered at an additional cost and requires pre-registration with proof of certification and experience. You will be sent additional scuba diving information and a medical questionnaire.

Emergency Evacuation Repatriation Insurance

Due to the remote locations, A&K requires proof of a minimum of \$100,000 per person in emergency evacuation/repatriation insurance for this journey. This minimum amount is included in A&K's Guest Protection Program. If you do not purchase A&K's Guest Protection Program, we require proof of alternative coverage. Please include your insurance carrier's name and telephone number when completing your guest information online. Additionally, carry proof of coverage with you on the cruise.

Please note emergency evacuation insurance provides for covering the cost associated with emergency evacuation and repatriation up to the limits of the respective policy; however, it does

not guarantee the timing, method or mode of such evacuation and repatriation, which is subject to weather, location and other conditions or variables outside of A&K's control.

CASH & CREDIT CARDS

Tanzania has a cash-based economy. Cash transactions can be made in either U.S. dollars or local currency. In the Seychelles, cash transactions should be made in U.S. dollars. U.S. dollars should be recently issued bills in smaller denominations. Local currency is of limited use to tourists.

In both countries, major credit cards are accepted on a very limited basis, mainly in the largest shops, hotels and lodges. Access to ATMs is available in large cities, but limited in rural areas.

The euro is the official currency on board. Personal expenses incurred on board can be charged to your shipboard account and paid at the end of the expedition by major credit card or cash, including U.S. dollars. There is no currency exchange facility on board.

All onboard transactions made by bank or credit card are processed via the ship owner's home office in Marseille, France, and charges from your onboard account may not be processed until one month after your cruise. Call your bank or credit card company to advise about your travel plans.

OF SPECIAL NOTE: PLASTIC BAGS IN TANZANIA & THE SEYCHELLES

The government of Tanzania has implemented a ban on plastic bags. The ban applies to "carrier and flat bags," primarily targeting bags from shops and grocery stores, but also extending to duty-free bags and bubble wrap. If tourists have those types of bags visible while in the airport, they are likely to be confiscated. Bags designed for multiple use, such as zippered cosmetic bags, are not included in the ban.

BAGGAGE RESTRICTIONS & PACKING LIST

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

Guests Taking the Serengeti Pre-Tour Extension

Baggage Restrictions: Luggage is limited to a total maximum baggage weight of 33 pounds (15 kilograms) including purses and camera equipment. Soft-sided luggage or duffels are preferable to hard luggage for storage on safari vehicles and also on aircraft used throughout East Africa. We ask that you please repack your safari gear and items you will need in the specially designed A&K duffel sent to you for this portion of your journey. The remainder of your luggage will be stored and returned to you in Zanzibar.

Clothing

Casual comfortable clothing is appropriate on board. A jacket and tie for men and smart casual dress for women are suggested for the Captain's Welcome Cocktail Party and the Farewell Party on board.

On Zanzibar Island, beachwear or other tight or revealing clothing is not appropriate street wear. Local people dress conservatively and appreciate visitors who do the same. Visits to select religious sites require modest dress covering knees, shoulders, and upper arms.

For guests travelling on the Serengeti Pre-Tour Extension wear neutral colors for game viewing (though not camouflage, which is illegal in most national parks and reserves). Black or other dark colors tend to attract insects.

Casual slacks

Personal garments

- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Brimmed hat for sun protection
- Lightweight raincoat
- Socks
- Sleepwear
- Comfortable walking shoes with low or no heels (non-skid); slip on water shoes for wet Zodiac landings
- Swimwear/cover-up (swimwear or Rash Guard that provides UV protection is ideal)
- Small waterproof dry bag for Zodiac excursions

Other Recommended Items

- Face masks and hand sanitizer
- Prescriptions and medications (in their original bottles and/or packaging)
- Simple first-aid kit
- Sun block and lip balm / insect repellent with high % of DEET to protect against mosquitos and tsetse flies
- Extra eyeglasses/contact lenses
- Sunglasses
- Smartphone
- Charging cables for electronics
- Global travel adapter
- Lightweight binoculars

Optional Items for Guests on Serengeti Pre-Tour Extension

- Sports bra for women for bumpy roads
- Small LED flashlight
- Foldable walking stick
- Small daypack or fanny pack
- Inflatable pillow or stadium cushion can make bumpy roads more comfortable

Laundry service is available at your hotel for a fee. Check costs and return times before using this service.

Traveller's Valet: A&K's complimentary laundry service for 8 articles of clothing per person will be provided twice during your journey on board. Additional laundry can be done for a charge. Dry cleaning is not available.

TIPPING GUIDELINES

On A&K Luxury Expedition Cruises, all gratuities, including for the ship's crew and guides are included in the cost of the program and group extensions.

For extra nights or Tailor Made services pre- or post-cruise, we suggest the following gratuities for these days only (noted in U.S. dollars):

	Extra Nights/Tailor Made Journeys
Safari Driver-Guides	\$15 per person, per day
Local Safari or City Guides	\$20 per person, per day (full day)

Hot Air Balloon Pilots (Serengeti pre-tour ext. if applicable.)	\$10 per person
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Bush Lodges and Permanent Tented Camps	\$10 per person, per day – Gratuities are accepted at each property and shared among the staff.
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added

LIFE ON BOARD: LE BOUGAINVILLE

SHIP AMENITIES

Your exclusively chartered ship is 430 feet long and accommodates up to 184 passengers; however, A&K limits occupancy to a maximum of 148 guests. The ship has three elevators with ramps accessing all passenger decks.

Each stateroom features individual climate control, 110V American/220V European plugs, Wi-Fi, stocked minibar, Nespresso coffee maker and tea kettle, small electronic safe, direct line telephone, Bose Bluetooth speaker, flat-screen TV with video on demand, wardrobe, vanity with mirror, robe, slippers, hairdryer and luxury bath products. Nightly turndown is provided.

All suites feature butler service — an A&K-exclusive feature — which includes a personalized welcome, unpacking and packing upon request, nightly canapes, room service, shoe polishing and expedited laundry, as well as priority spa and salon booking.

Deck 3 features a variety of guest services and public spaces. The reception area includes a 24-hour front desk and a boutique with a selection of clothing and jewelry. The spacious main lounge offers a bar with live music on most evenings. The ship's pool deck features a heated outdoor pool with a counter-current swimming system and exterior bar with armchairs and sofas. Lectures are held in the Theater with comfortable seating for all guests, as well as audio/visual equipment and an LED wall for projecting high-resolution images and videos. Finally, medical facilities with a doctor and nurse are available 24 hours a day.

On Deck 6, the Panoramic lounge offers a small library with a selection of books and board games and direct access to the panoramic terrace.

The Wellness area on Deck 7 features a fitness center offering guests complimentary use of equipment including stationary bikes, treadmills, Kinesis wall and other exercise equipment. Due to safety reasons, there are no free weights on board the ship. Sea conditions may affect the fitness center's opening hours. There is a hair salon as well as a full-service spa equipped with a sauna and steam room, which offers a range of beauty treatments and massage services. All spa and salon services are charged to your shipboard account.

A daily program detailing the following day's events, excursions, and hours for the restaurants, boutique and spa is delivered to your stateroom each evening.

ONBOARD CULINARY AND BEVERAGE PROGRAM

Dining is a special treat on board. International cuisine is available in two restaurants. The main dining room at the rear of Deck 4 accommodates all guests in one sitting and offers panoramic views. This unique dining area, which opens onto the outside, offers a selection of salads, hot meals, cheeses and desserts. The al fresco restaurant on Deck 3 has seating for 70 guests and features a casual menu of grilled meats, salads and desserts.

Complimentary 24-hour room service is also available. Early riser coffee and breakfast pastries, afternoon tea and late-night snacks are offered daily. Meals on board are scheduled around the day's sightseeing and shipboard activities. Please consult your daily program for mealtimes and opening hours.

Complimentary bar drinks, beer, house wine, soft drinks, coffee drinks, juices and water (excluding premium wines, Champagne and spirits) are provided while on board.

If you have special dietary requirements (vegetarian or vegan menus, food allergies, etc.) please advise Abercrombie & Kent at least six weeks prior to the beginning of your journey. In addition, please take the opportunity early in the cruise to meet with the Maître D' and Cruise Director to discuss your special requests and inform your server prior to dining. Chefs on board will make every effort to accommodate your needs. Kosher meals are not available on board.

LANGUAGE AND COMMUNICATIONS

English is the language used by staff on board A&K charters.

Complimentary Wi-Fi Internet is featured on A&K charters. Internet access at sea is made possible by satellite, and speed and connectivity are dependent on latitude, weather and atmospheric conditions as well as the number of guests using their computers or mobile devices. Ship's internet services may not always be available and could be very slow at times. Your patience and understanding are appreciated when this situation occurs.

To make an international call onboard, please visit the reception desk. Charges for maritime satellite connections are significantly higher than those for land services and the cost of the call will be added your shipboard account. Guests may be able to use the ship's Wi-Fi to make international phone calls on their own personal devices using messaging apps such as WhatsApp, Viber, Messenger, etc., which can be downloaded from the iOS App Store or Google Play Store.

OF SPECIAL NOTE

The ship is nonsmoking except in a designated area outside on Deck 3.

Maritime law does not permit unrestricted access to the bridge. At the Captain's discretion, guests may be offered the opportunity to visit the bridge during scheduled times in accordance with security protocols.

Access to outdoor areas may be restricted during inclement weather and ship maneuvers. The ship's daily scheduled sightseeing events and timings may be altered, and flexibility is required.